

Patient Name _____ Date of Birth _____ Date _____

Please rate yourself on a scale from 1 to 7.
To what degree do you experience the following?

Grief (Unresolved sadness, lingering sadness)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Anxiety (A perpetual state of stress)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Discontent (A persistent unhappiness or a restless longing caused by the failure of hopes or expectations)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Distrust (Lack of faith in others. A feeling others will let you down or are not worthy of confidence)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Remorse (A sense of prolonged discouragement over failures of the past)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Guilt (A perpetual feeling of self condemnation.)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Courage (Facing danger or difficulties with firmness, confidence, and resolution.)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Hope (A confident desire that something expected is possible)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Faith (A positive trust that does not rely on external evidence)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Sympathy (Being affected by the feelings or needs of others)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7

Love (A strong positive regard or affection towards others)

Never	Almost Never	Sometimes	More often than Not	Constantly		
1	2	3	4	5	6	7